

Mindful Practices for Photography during COVID-19



Make it a habit and remember to:

- Always wear a protective mask and maintain a safe distance (at least 6 feet) when photographing people.
- Use a telephoto lens whenever possible.
- Carefully clean camera body and lenses with isopropyl alcohol (60%+) or disinfectant before and after use. *Lightly mist with spray bottle & wipe or use disinfectant wipe or paper towel dipped in alcohol. Use Q-tip or similar to get into small areas.*
- Do not share your camera or show pictures on the back of the camera to others when working.
- Avoid placing camera bag on public surfaces. If you do, wash or thoroughly sanitize with spray cleaner after use.
- Carefully clean computer, keyboard and cell phone after use in the field.
- Thoroughly wash hands regularly after handling electronic equipment. Carry sanitizing hand wipes in your camera bag.

Keep in mind: The potential to spread the virus via contaminated equipment is real. Camera and computer equipment are made of metal, plastic and glass. Recent studies find that the coronavirus can live on those surfaces up to 2 to 5 days.

Helpful Links:

- [How to Disinfect Camera Equipment and Spaces](#)
- [How to dress to save your life: L.A. Times photojournalists take on a whole new danger](#)
- [Photographers Discuss Precautions to Take When Returning to Work Post COVID-19 Restrictions](#)