**Journalism/Writing Internship (Remote)**

We are seeking an intern with great writing skills and a knack for interpersonal development and communications. This internship provides hands-on experience and mentorship, working alongside Nancy Solari, founder and CEO of Living Full Out. You will be given the opportunity to expand your writing skills and build your portfolio.

Projects related to this internship may include:

* Learning new and effective ways to write motivational copy.
* Opportunities to write articles for the company blog and other outlets.
* Blogging in an attention-grabbing and uplifting way.
* Communicating with media through newspapers, magazines, and online publications.
* Writing copy for sales pages, e-zine articles, websites and workshop materials.
* Researching and writing proposals for speaking engagements and templates for sales campaigns.

**Skills should include:** Ability to work independently and with a team, effective organizational skills, ability to multitask and meet deadlines, driven and goal oriented, excellent English verbal and written skills, leadership skills are a plus.

This is a 20-week, unpaid/volunteer internship structured so interns are able to work remotely. Please submit your resume and cover letter for consideration. Be sure to put Journalism/Writing Internship in the subject line. For more information about the company, please see [www.livingfullout.com](http://www.livingfullout.com). If you have any questions, please call Nancy Solari at (310) 909-7800 ext. 101.

**Communication/PR Internship (Remote)**

Living Full Out Inc. is seeking an intern to work alongside founder and CEO Nancy Solari, assisting in public relations, advertising, copywriting, and event planning.

Projects related to this internship may include:

* Learning various types of writing, including technical proposals, creative articles, and sales templates.
* Writing press releases and copy for sales pages, and an uplifting online newsletter.
* Creating advertising campaigns and testing their effectiveness.
* Connecting with strategic partners and networking for the “Living Full Out with Nancy Solari” show.
* Role-playing using scripts to gain experience in calling sponsors and partners for the national “Living Full Out with Nancy Solari” radio show.

**Skills should include:** Ability to work independently and with a team, effective organizational skills, ability to multitask and meet deadlines, driven and goal oriented, excellent English verbal and written skills, leadership skills are a plus.

This is a 20-week, unpaid/volunteer internship structured so interns are able to work remotely. Please submit your resume and cover letter for consideration. Be sure to put Communication/Public Relations Internship in the subject line. For more information about the company, please see [www.livingfullout.com](http://www.livingfullout.com). If you have any questions, please call Nancy Solari at (310) 909-7800 ext. 101.

**Marketing/Sponsorship Internship (Remote)**

This internship at Living Full Out Inc. offers hands-on training in assisting with business marketing and sponsorship. You will work alongside company founder and CEO Nancy Solari and gain the skills to expand your growth.

Projects related to this internship may include:

* Booking speaking engagements with corporations.
* Assisting with outreach to small business and entrepreneurial clients.
* Researching and building partnerships with for-profits and non-profits.
* Handling email marketing for show promotion.
* Doing research related to partnerships with organizations, speaking opportunities, and workshops.
* Training via scripts and role-playing to effectively communicate with executives.
* Creating PowerPoint and flyers for marketing speaking engagements and seminars.
* Learning how to create and manage webinar series, as well as how to market them.
* Writing press releases, proposals, and other marketing related materials.
* Learning how we connect with/secure sponsors for the show and Living Full Out events.
* Emailing potential partners and speaking with them via phone.

**Skills should include:** Ability to work independently and with a team, effective organizational skills, ability to multitask and meet deadlines, driven and goal oriented, excellent verbal and written English skills, leadership skills are a plus.

This is a 20-week, unpaid/volunteer internship structured so interns are able to work remotely. Please submit your resume and cover letter for consideration. Be sure to put Marketing/Sponsorship Internship in the subject line. For more information about the company, please see [www.livingfullout.com](http://www.livingfullout.com). If you have any questions, please call Nancy Solari at (310) 909-7800 ext. 101.